



Breastfeeding and lactation support for members

If you are pregnant or breastfeeding and enrolled in Health First Colorado (Colorado's Medicaid program) or Child Health Plan *Plus* (CHP+), you can get free breastfeeding support and supplies.

What we cover:

- Meet with a lactation support provider in a way that works for you!
 - In-person or via telehealth
 - Individual or group setting
- There is no limit to the number of sessions.
- Breastpumps for people as early as their 28th week of pregnancy or postpartum.

How to get help:

- Talk to your primary care provider to get a recommendation for lactation counseling services.
- To receive a breast pump, you will need a prescription from your physician, physician assistant, nurse practitioner, or certified nurse midwife.

Breastfeeding may be natural, but it may not always be easy. Get the help you need!

Image alt text: Simply colored illustration of mother holding up infant baby.